Liaga Physical Therapy and Wellness

Patient Information				
Name		D	Pate	
Date of Birth	SSN		Driver's License	
			Apartment/Suite	
City	Sta	ateZi	ip Code	
Home Phone ()		_Cell Phone()	
Email address				
			Cell Phone (call or text)	
Sex (please circle) male f	emale Occupation			
Employer Name				
Employer Address				
work Phone				
Referring Doctor	Referri	ng Doctor's Phon	e Number	
	, , , , , , , , , , , , , , , , , , ,			
Emergency Contact				
Emergency Contact Name	1	Phone ()		
Relationship to Patient				
Parent/Responsible Parent/Responsible Parent/Responsible Parent Please complete this section	n if patient is a minor or res		· · · · · · · · · · · · · · · · · · ·	
Name Date of Birth		SSN er's License		
Sex (please circle) male for		er 3 Electise		
		Δnartmen	t/Suite	
			Zip code	
Home Phone ()	E-mail	Address		
Relationship to Patient				
<u> </u>				
Signed (Patient/Client)			Date	
Signed (Parent/Responsible	 e Party)			
	• • • • • • • • • • • • • • • • • • • •			
INSURANCE (circle one):	Medicare (add secondary	below or write n	one)(BC/BS, Cigna, etc)	
Reg Insurance	Work Comp	Personal Inju	ıry	
PRIMARY INSURANCE:				
Subscriber Name:				
Insurance Phone Number:_				
Subscriber ID No:				
Or claim number Ins Claim	s address			

SECONDARY INSURANCE:	
Subscriber Name:	
	Subscriber ID No:
Ins Claims	
Address:	
If Personal Injury/Legal:	
Attorney Name:	Phone
no:	
including Medicare and other governrother health plan to Liaga Physical The effect until revoked by me in writing. A valid as an original. A copy of this au Administration, my insurance carrier of	and Assignment of Benefits: o include major medical benefits to which I am entitled, ment sponsored programs, private insurance and any nerapy and Wellness. This assignment will remain in A photocopy of this assignment is to be considered as athorization will be sent to the Health Care Financing (s)m, or other medical entity, if requested. The original derstand that I am financially responsible for all charges
information necessary to secure the p	
Patient's Signature:	Date:
My (new) insurance is:	·
Primary Care Physician:	
Medical Group:	
I understand that by signing this form above for all payments for medical se	n, I am accepting financial responsibility as explained ervices and for supplies received.
Patient Name (Please Print)	
Insured Name (Please Print)	
Patient/Insured's Signature	

<u>Liaga Physical Therapy and Wellness</u> <u>New Patient Questionnaire</u>

Patient Name	Sex (please circle) male female
Age Height	Sex (please circle) male female Weight
Name of Referring Physician	Date of Next Doctor's Appt
Hand Dominance Right/Left Foot Domina	
	Are you currently working? Yes/No
Working Status (please circle) Full Duty /	Modified Duty / Not Applicable
My commute time to work/school takes	minutes.
How did you hear about Colleen?	
When did your pain start?	
What activity were you performing?	
	irgery?
Are you having treatment because of an accident or wor	k related injury? If yes, please describe.
Where were you when your injury occurred	 ?
	(details)
TREATMENT: Treatment of my problem to YOUR GOALS (what do you want PT to help	date has included (e.g. x-rays, surgery, PT): you with? e.g. return to walking/running):
I have been treated by Colleen before (deta	nils):
I have had V rays CAT scaps MADI ata for th	
i nave nau X-rays, CAT scans, IVIKI etc. for tr	nis problem (details):
MEDICATIONS (Please mark the appropriate	· · · · · · · · · · · · · · · · · · ·
NO	DETAILS
I am taking over-the-counter anti-inflar	nmatory,
pain meds, or muscle relaxants	
I am taking prescription anti-inflammat	ory,
pain meds, or muscle relaxants	
I am allergic to medications	
I am taking other medications	

FALLS:			
Have you had more than 2 falls, or one fa	II resulting	in injury, in the pas	st year?
YesNo			
PROBLEMS(check and provide details)			
	MILD	MODERATE	SEVERE
Pain 1 (area)			
Pain 2 (area)			
Swelling			
Headaches			
Numbness/Abnormal sensation			
Other symptom/feeling			
<u> </u>			
Loss of function (normal activities)			
Loss of strength			
Loss of flexibility			
Loss of sleep			
Loss of balance (e.g. standing on 1 leg)			
Loss of bowel/bladder function			
Loss of energy			
_,			
Other loss			
SPECIAL QUESTIONS(Please mark the app NO I am pregnant or think I might be pre	•	O' lines, or if YES, p DETAILS	orovide details)
I have a pacemaker, surgical hardwar	_		
implanted device			
I have weight-bearing restrictions giv	en to me		
by my doctor			
I have osteoporosis, osteopenia, or h	istory of		
fractures	,		
I have contact allergies to tape adhes	ives &/or		
latex, etc.			
I was told to limit physical activity du	e to a hear	<u> </u>	
condition or onset of chest pain during		•	
I have other reasons why I should not	-	 al	
activity	i do pirysico	.	
I have been diagnosed with any of the	e following	· Henatitis A R 8.14	
HIV/AIDS, sexually transmitted disease(s)	_	•	J. C,
-		•	
simplex, gonorrhea, HPV, etc.), vaginitis,	peivic illifal	illiatory disease,	
yeast infection, trichomoniasis			

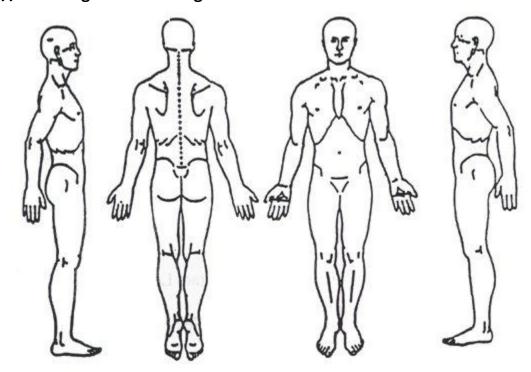
REVIEW OF SYSTEMS (Please mark the appropriate 'NO NO	' lines, or if YES, provide details) DETAILS
General/Constitutional (e.g. fever or chills, poor	DETAILS
general health, unexplained weight loss)	
Skin (e.g. rashes, new skin lesions, or a	
change in moles)	
·	
Eyes (e.g. blurred vision, or change in visual acuity)	
Ears (e.g. ear pain, or difficulty hearing)	
Nose (e.g. nasal congestion, discharge, or bleeding)	
Mouth/Throat (e.g. sore throat, or difficulty swallowing)	
. .	
Neck (e.g. neck, jaw pain, headache, face numbness	
Respiratory (e.g. shortness of breath, cough, wheez pain with breathing)	ang,
Cardiovascular/Heart (e.g. high/low blood	
pressure, chest pain)	
Gastrointestinal (e.g. nausea, vomiting, diarrhea,	
constipation, abdominal pain, discolored stools,	
fecal incontinence, change in appetite)	
Genitourinary (e.g. problems initiating or	
controlling my bladder, or have urinary frequency)	
Musculoskeletal (e.g. joint or muscle pain,	
or back pain)	
Neurological (e.g. numbness, weakness, or tingling,	,
seizures)	
Endocrine (e.g. heat or cold intolerance,	
weight loss or gain, increasing thirst)	
Hemato-Immunologic (e.g. bruise easily;	
bleeding, oral ulcerations or recurrent infections)	
Psychiatric (e.g. depression, anxiety, substance	
abuse or suicidal thoughts or attempts)	
Vestibular (dizziness)	
COCIAL HISTORY	
SOCIAL HISTORY	Vac. No.
1. Do you smoke or use any form of tobacco?	
If Yes, how many a day? For how long?	
2. Do you consume alcohol?NeverDaily	
3. Describe your exercise history over the last year.	
Activity Type	
Minutes/Day	
Days/Week	

Pain Diagram and Pain Rating

How often do you experience your symptoms?

INSTRUCTIONS: Please indicate where your pain is located and what type of pain you feel <u>at the present time</u>. Use the symbols below to describe your pain.

KEY: /// Stabbing XXX Burning 000 Pins & Needles = == Numbness zzz Ache +++Other



What makes your pai What makes your pai		_												
How are your sympto	oms cha	ang	ing	? 1.	G	etti	ng I	Bet	ter	2	.Not Chang	ging	3. Getting V	Vorse
	0 None	1	2	3		5 olera	_	7	8	9	10 Unbearable			
Please rate your wors	st level o	f pa	ain o	ver	the	last	2 w	eeks	by o	ircli	ng a number:			
	0 None	1	2	3	4 t	5 oler	6 able	7	8	9	10 Unbearable			
13. Please rate your curr	ent leve	of	pain	on	the	scal	e be	low	by c	irclir	ng a number:			
Intermittently (0-259	% of the	day	/)											
Occasionally (26-50%	% of the	day	·)							3.	Numb	6.Tingli	ing	
Frequently (51-75%	of the d	lay))							2.	Dull ache	5.Burni	ing	
Constantly (76-100%	6 of the 6	day))							1.	Sharp	4.Shoc	oting	

What describes the nature of your symptoms?

PAST MEDICAL HISTORY(Please mark the appropriate 'NO' lines, or if YES, provide details and/or underline the conditions pertaining to you) NO DETAILS _ I have had serious infections (e.g. tuberculosis, pneumonia) _ I have had chronic illnesses (e.g. chronic sinusitis, arthritis, other autoimmune disorders, asthma, COPD, cancer in any area, diabetes, epilepsy, dizziness, headaches, angina, heart disease, heart attack, hernia, stroke, MS, Parkinson's, kidney, bladder, prostate, ulcers, GERDS, osteoporosis, osteopenia) I have had the following general surgeries (e.g. appendectomy, gastrointestinal surgery, tumor removal, heart, kidney, and or lung transplant, CABG, pacemaker/pump or any other type of implant, carotid endarterectomy, laparoscopy, mastectomy, breast augmentation/reduction, cosmetic surgery, tubal ligation, ovarian cystectomy, hysterectomy, hernia repair, TURP) I have had the following orthopedic surgeries (e.g. arthroscopy, repair, reconstruction, replacement, fusion, laminectomy, discectomy, ORIF (pins, plates, screws) to any area/joint) I have had a history of falls or near falls Any OTHER medical history or procedures I verify the above information is complete and accurate, and have not omitted any medical

Patient or Responsible Party Signature Date

conditions or history.

Phone: 951.733.6637 email: colleenmliaga@gmail.com website: www.liagapt.com

HIPAA Privacy Authorization Form

Liaga Physical Therapy and Wellness
Authorization for Use or Disclosure of Protected Health Information (Required by the Health Insurance Portability and Accountability Act, 45 C.F.R. Parts 160 and 164)

	riod** on for release of in	formation covers the	e period of healthcare from:	
a. 🗆	to	**OR**	b. \square all past, present, and future periods.	
relating to ment alcohol or drug ** OR **	e the release of my cal healthcare, comi abuse).	municable diseases, I	ord (including records HIV or AIDS, and treatment of ord with the exception	
of the following □ Mental healt	information:	_ □ Co	ommunicable diseases (including HIV and AIDS) ther (please specify):	
	•	• •	I authorize to receive this information for medicar other purposes as I may direct.	al
5. This authoriza authorization ex		ce and effect until	(date or event), at which time this	1
a revocation is r authorization or	not effective to the	extent that any person n was obtained as a	orization, in writing, at any time. I understand that on or entity has already acted in reliance on my condition of obtaining insurance coverage and the	
	that my treatment, In this authorizatio		nt, or eligibility for benefits will not be conditioned	ł
		sed or disclosed purs otected by federal or	suant to this authorization may be disclosed by the state law.	e
	ay no longer be pro			

Date

<u>Liaga Physical Therapy and Wellness</u> Physical Therapy Policies

In order to ensure a safe and positive experience while participating in physical therapy, please abide by the following guidelines:

- Copayments are due at the time of service. Co-insurance or share of cost will be billed to the insurance first, and then you will receive a bill for your portion.
- You are responsible for any charges not covered by your insurance company.
- Commit to your physical therapy appointments.
- Please call 24 hours in advance if you are unable to attend your scheduled appointment or would like to reschedule.
- Be compliant with your home exercise program as you are a huge reason why you meet your goals for physical therapy.
- Please limit your cell phone usage. Please place your cell phone on silent to maximize your physical therapy session.

liaga Physical Therapy and Wellness is dedicated to providing you with the utmost professionalism and quality care. Please accept your responsibility by following the above mentioned policies.								
Signature:	Date:							
By signing, I declare that I have rea	d and understand the above outlined policy.							

<u>Liaga Physical Therapy and Wellness</u> <u>Acknowledgement of Receipt of Notice of Privacy Practices</u>

I have received the Notice of Privacy Practices from Liaga Physical Therapy and Wellness.

I may be con	tacted at the numb	ers/address	es listed below r	egarding my cu	ırrent treatment,	scheduling, or
financial arra	ingements. Best m	ethod of cor	ntact (check):			
Emai	I :					
Cell:						
	e:					
Worl	k:					
•	ommunicate with , or financial arra	•		w regarding เ	my current trea	tment,
Name:			R	telationship		
Name:						
Patient Name	e (Print)					
Patient or Gu	uardian Signature			Date		
	Д	ccounting o	f Disclosures of	PHI (office use	only)	
(Accountings	do not have to incl		ires for treatme itten request of		ealthcare operatio	ons, unless there is
Date	Disclosed to whom	Authorized	Description of	Purpose of	Method Sent	Disclosed by
	Address or fax #	(yes/no)	PHI	Disclosure		

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